

## Online Ignatian Day of Prayer

### Calming The Storm? Be Not Afraid



Days of prayer invite you to pray, reflect, and share with others how God is living and active in your life. Retreat directors will offer presentations and give suggestions for prayer based on the Spiritual Exercises of St. Ignatius of Loyola. Plenty of time will be allowed for individual silent prayer and reflection.

The changes that have taken place in our world since March raise troubling questions of personal and social well-being, environmental and racial justice. How does a person find calm and make sense of this seeming chaos? But God calls order, harmony, peace and justice out of chaos. Using Pope Francis' recent Good Friday meditation, Urbi et Orbi on the calming of the storm passage and Jesus' reaction to the storm, we will search for the calm in our own storms through prayer and movement. This retreat will be online.



IGNATIAN SPIRITUALITY  
PROGRAM of DENVER

2309 Gaylord Street  
Denver, CO 80205

303-320-9995

IgnatianSpiritualityDenver@Hotmail.com

**IgnatianSpiritualityDener.org**

*Dates & time:* Saturday November 21, 2020  
9:30 AM – 2:30 PM (RMT)

*Location:* Online via Zoom

*The registration deadline is November 18*  
*The suggested offering is \$20.00. Scholarships are available*

*The Ignatian Spirituality Program of Denver works to make the Spiritual Exercises of St. Ignatius of Loyola available to members of the Denver-area Jesuit apostolate and others.*



## Calming The Storm? Be Not Afraid

### Registration Form

**First and Last Names:**

**Mailing Address:**

**Email address(es):**

**Phone number(s):**

**How did you learn about this retreat?**

**What attracted you to register?**

**What do you hope for from the retreat?**

***Please submit registration by November 18, 2020.***

Suggested offering: \$20.00 check made out to “St. Ignatius Loyola Church” with “Ignatian Spirituality Program” in the memo line  
(Scholarships are available. Please call the office, 303-320-9995.  
Donations to support scholarships are greatly appreciated.)

Mail this completed form and your offering to:

Ignatian Spirituality Program of Denver  
2309 Gaylord St.  
Denver, CO 80205-5627

-OR-

Scan or email the information to:

IgnatianSpiritualityDenver@Hotmail.com